

OD LUNCH MENU

WEEK COMMENCING

Two **Spring**

MONDAY

TUESDAY

WEDNESDAY

EVERYDAY

Meat Free Monday

Penne Pasta, Mozzarella, Chickpea, Tomato & Herb Sauce (Gluten, Celery, Milk)

Roasted Courgette and Peppers Focaccia Bread (Gluten)

Dessert Fresh Fruit

THURSDAY

(Celery) Root Vegetable Bake with Herby

Mash

Traditional Cottage Pie

Cauliflower and carrots

Dessert Ice Cream (milk,)

FRIDAY

Turkey and Leek Pie (gluten, Egg, Milk)

Red Onion and Goats Cheese Tart (gluten, Milk)

> Roast Potatoes Green Beans, Sweetcorn

Dessert Lemon Drizzle Cake (Milk, Egg)

Fish Fingers (Fish, Gluten, Milk, Egg)

Vegetable Fingers (milk, gluten, egg)

Chips Peas Tomato, Tartare sauce and Lemon

> Dessert Fresh fruit

Chicken Korma

Red Lentil and Spinach Curry (Celery)

Jasmine Rice

Dessert Fresh Fruit Yoghurt (milk)

Available Daily

Salad Bar

Bread

Homemade Chutneys

SALAD BAR

Monday –

Apple and red cabbage slaw (Milk, Egg, Mustard)

Tuesday -

Roast Broccoli & red onion

Wednesday -

Mixed grains

Thursday -

Roasted butternut squash & spring onion (Soya)

Friday –

Turmeric couscous & halloumi salad (Milk, Gluten)

THIS WEEK

Checkout our vegetarian and special salads

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard

*MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE