

LUNCH MENU

WEEK COMMENCING THREE
Spring

MONDAY

Meat Free Monday

Jacket Potato
Baked Beans
Cheddar Cheese (Milk)
Vegetable Chilli (Celery)
Coleslaw (Egg)
Tossed Salad

Dessert
Fresh Fruit

TUESDAY

Traditional Lasagne
(Gluten, Egg, Milk)

Vegetable Lasagne
(Gluten, Egg, Milk)
Mixed Salad
(Celery)

Homemade Bread
(Gluten)
Dessert
Chocolate Cookies
(gluten)

WEDNESDAY

Roast Chicken, Thyme Gravy

Beetroot, Mushroom & Spinach Parcel
(gluten)

Roast Potatoes
Kale and Carrots

Dessert
Fresh Fruit

EVERYDAY

Available Daily

Salad Bar

Bread

Homemade Chutneys

THURSDAY

**THEME
DAY**

FRIDAY

Battered Cod
(Fish, Gluten, Milk, Egg)

Cheddar and Tomato Quiche
(milk, egg, gluten)

Chips

Peas
Tomato, Tartare sauce and Lemon

Dessert
Fresh fruit

SALAD BAR

Monday –
Panzanella salad with capers & olives
(Gluten)

Tuesday –
Quinoa, peas and spinach salad
(Gluten)

Wednesday –
Green leaves salad

Thursday –
Green beans, pea and radish salad

Friday –
Courgette salad with lemon and herbs



THIS WEEK

Checkout our vegetarian and special
salad

Allergen Guide

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts,
6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg,
12. Sulphite, 13. Celery, 14. Mustard

*MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE
UNAVAILABLE*